

# SUMMARY OF SAFETY AND CLINICAL PERFORMANCE

## Gx-TL™

This document is intended to provide an updated summary of clinical data and other information about the safety and clinical performance of the medical device Gx-TL.

This document includes information in accordance with the requirements in Article 32 of the Medical Devices Regulation (EU) 2017/745 (MDR) and recommendations in Medical Device Coordination Group (MDCG) 2019-9 guidance document.

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## Document History:

Version	Description	Date	Sign
v.1.0	Initial version of SSCP for Gx-TL (REP-2364)	2020-10-13	SM
v.2.0	Update of SSCP based on comments from DNV (REP-2364)	2021-06-04	SM
v.3.0	Update of SSCP due to change in sample size in section 5.2 (REP-2364)	See publish date	SM

## List of abbreviations:

ALA	Alpha Lipoic Acid
ALC	Acetyl-L-Carnitine
ART	Assisted Reproductive Technology
FET	Frozen Embryo Transfer
HSA	Human Serum Albumin
ICSI	Intracytoplasmic Sperm Injection
IFU	Instruction for Use
IVF	In Vitro Fertilization
MDCG	Medical Device Coordination Group
MDR	Medical Devices Regulation 2017/745
NAC	N-Acetyl-L-Cysteine
PGT	Preimplantation Genetic Testing
PMCF	Post-Market Clinical Follow up
SSCP	Summary of Safety and Clinical Performance
TESA	Testicular Sperm Aspiration
TESE	Testicular Sperm Extraction

## SUMMARY OF SAFETY AND CLINICAL PERFORMANCE

*This Summary of Safety and Clinical Performance (SSCP) is intended to provide public access to an updated summary of the main aspects of the safety and clinical performance of the device.*

*The SSCP is not intended to replace the Instructions For Use as the main document to ensure the safe use of the device, nor is it intended to provide diagnostic or therapeutic suggestions to intended users or patients.*

*The following information is intended for users/healthcare professionals.*

### 1. Device Identification and general information

**1.1 Device trade name:** Gx-TL™

**1.2 Manufacturer's name and address:** Vitrolife Sweden AB, Gustaf Werners gata 2, 421 32 Västra Frölunda, Sweden

**1.1 Manufacturer's single registration number (SRN):** SE-MF-000002389

**1.2 Basic UDI-DI:** 735002591AAQEA

**1.3 Medical device nomenclature description/text:** Not available

**1.4 Class of device:** Class III

**1.5 Year when the first certificate (CE) was issued covering the device:** Not yet approved

**1.6 Authorized representative if applicable; name and SRN:** Not applicable

**1.7 NB's name (the NB that will validate the SSCP) and the NB's single identification number:**  
Det Norske Veritas (DNV) Product Assurance AS and 2460

### 2. Intended use of the device

#### 2.1 Intended purpose

Gx-TL is a medical device intended for use in Assisted Reproductive Technology (ART) as a medium for culture of embryos from fertilization to the blastocyst stage and for transfer.

#### 2.2 Indication (s) and target population (s)

The Indication for use of Gx-TL is "medium for culture of embryos from fertilization to the blastocyst stage and for embryo transfer". The intended target group is an adult or reproductive-age population that undergoes fertility treatment.

#### 2.3 Contraindications and/or limitations

Gx-TL contains gentamicin. Do not use in patients with known hypersensitivity/allergy to the component.

### 3. Device description

#### 3.1 Description of the device

Gx-TL is a bicarbonate buffered medium containing human serum albumin, hyaluronan, gentamicin and a combination of three antioxidants (acetyl-L-carnitine (ALC), N-acetyl-L-cysteine (NAC), α-lipoic acid (ALA)). Gx-TL is designed to provide suitable physiological conditions for the developing embryos (from fertilization to the blastocyst stage), embryo transfer and protection against oxidative damage. Gx-TL is ready to use after equilibration at +37°C and 6% CO<sub>2</sub> atmosphere. Gx-TL will have contact with patient when used for embryo transfer. The medium is sterile filtered using aseptic technique and is available in 30 ml bottles (see figure 1) that can be used for up to two weeks after first opening. Based on regulatory

guidelines, the medicinal components present in Gx-TL include N-acetyl-L-cysteine, gentamicin and human serum albumin (HSA).



Figure 1. Picture of Gx-TL in a 30 mL bottle

### 3.2 A reference to previous generation (s) or variants if such exist, and a description of the differences

Not applicable.

### 3.3 Description of any accessories which are intended to be used in combination with the device

Not applicable

### 3.4 Description of any other devices and products which are intended to be used in combination with the device

Gx-TL may be used together with oil for covering of embryo culture media. Other devices that may be used in combination with Gx-TL are sterile labware, syringes and catheters used for embryo transfer.

## 4. Risks and warnings

### 4.1 Residual risks and undesirable effects

For Gx-TL, there are three residual risks that remain unacceptable after risk control measures. These risks have the hazardous situations 'viral infection of the patient' or 'viral infection of user' and are related to HSA present in the device. HSA is derived from human blood and could theoretically be a vector for various diseases such as hepatitis B (HBs-Ag), hepatitis C (Anti-HSV) and HIV 1/2 (Anti-HIV 1/2). The probability of patient or user being virally infected during IVF treatment is extremely small, yet the risk is considered unacceptable. Systematic literature search conducted during clinical evaluation has not identified any negative effects or infection associated with the use of HSA in IVF media. No undesirable effect of adverse event has been reported for any of the Vitrolife's media containing HSA. The benefit-risk evaluation performed during risk analysis has concluded that the benefits of using HSA in IVF media are greater than the risks associated with blood-borne contamination as Vitrolife applies relevant safety measures. The raw material source of HSA used in Vitrolife's media have been tested for blood borne diseases by accredited laboratories.

The additional potential clinical risks that could occur during the use of Gx-TL are the following:

- Chemical constituent has a negative effect on patient
- Allergic reaction or hypersensitivity in patient or user
- Patient suffers from cytotoxic reaction following use of the product
- Patient suffers from sensitization reaction following use of the product
- Patient suffers from irritation reaction following use of the product
- Patient infected by contaminated media

All these risks were acceptable after risk control measures. To control risks related to the use of Gx-TL, all the raw materials are quality tested and each LOT of the final product is also tested for sterility, endotoxin and embryo toxicity prior to its release. Biological evaluation conclude that all components are nutrients that are either naturally present in mammal tissues, or they have been used in the handling or treatment of human cells for an extended period. No materials or substances are listed as harmful. All chemicals, bottles and final products are MEA tested to confirm non-toxicity. Stability studies confirm the product is non-toxic for the entire lifetime. Additionally, the end user is informed about the device components, contraindication, precautions and risk of using blood derived products by providing information on labels and Instruction for Use.

## 4.2 Warnings and precautions

### Contraindications

Gx-TL contains gentamicin. Do not use in patients with known hypersensitivity/allergy to the component.

### Precautions

- Discard product if bottle integrity is compromised. Do not use Gx-TL if it appears cloudy.
- Gx-TL contains human serum albumin and acetylcysteine.
- To avoid contamination Vitrolife strongly recommends that media should be opened and used only with aseptic technique.
- The risk of reproductive and developmental toxicity for IVF media, including Vitrolife's IVF media, has not been determined and is uncertain.
- Any serious incident that has occurred in relation to the device should be reported to the manufacturer.
- Not for injection.
- Discard the product according to standard clinical practice for medical hazardous waste when the procedure is finished.
- Caution: All blood products should be treated as potentially infectious. Source material from which this product was derived was found negative when tested for antibodies to HIV, HBc, HCV, and HTLV I/II and non-reactive for HbsAg, HCV RNA and HIV-1 RNA and syphilis. No known test methods can offer assurance that products derived from human blood will not transmit infectious agents.

Additional precautions related to the use of the device can be found in the package insert.

## 4.3 Other relevant aspects of safety, including a summary of any field safety corrective action (FSCA including FSN) if applicable

Not applicable.

## 5. Summary of clinical evaluation and post-market clinical follow-up

### 5.1 Summary of clinical data related to equivalent device, if applicable

Not applicable.

### 5.2 Summary of clinical data from conducted investigations of the device before the CE-marking, if applicable

#### a. Comparisons of human embryonic development in culture medium with and without antioxidant supplementation

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<i>Identity of the study</i>	Interim analysis of the study performed in Melbourne IVF centers in Australia and registered with Australian New Zealand Clinical Trials Registry (ANZCTR) (ACTRN12618001479291).
<i>Identity of the device</i>	Gx-TL manufactured by Vitrolife
<i>Intended use of the device in the study</i>	Gx-TL was used for culture of embryos from day 1 to day 5 or day 6.
<i>Objective of the study</i>	Investigate whether the combination of antioxidants favour embryo development in human IVF
<i>Study design</i>	Prospective, randomized controlled superiority study
<i>Primary and secondary endpoint (s)</i>	Primary endpoint is percentage implantation rate following embryo transfer. Secondary endpoints are embryo development day 2 to day 6, embryo quality day 3 to day 6, total blastocyst formation (day 5 and 6), utilization rate, clinical pregnancy rate, neonatal outcome.
<i>Inclusion/exclusion criteria for subject selection</i>	<p>Inclusion criteria:</p> <p>Couples with unexplained infertility intending to undergo IVF or ICSI and where there are no medical contraindications to perform the treatment.</p> <p>The couple should have received verbal and written information/consent about the study.</p> <p>Blastocyst culture and fresh transfer of a single blastocyst.</p> <p>Concomitant medications (e.g.; use of any oral antioxidants) will be recorded</p> <p>Exclusion criteria:</p> <p>Previous participation in the study.</p> <p>Use of PGT where all embryos will be frozen</p> <p>Testicular biopsy patients (TESA/TESE)</p> <p>Total freeze and no transfer possible.</p>
<i>Number of enrolled subjects</i>	The target sample size is 1480. At the interim analysis 275 and 276 patients had received an embryo transfer in the control and antioxidants group, respectively.
<i>Study population</i>	Study is conducted in couples undergoing fertility treatment
<i>Summary of study methods</i>	A traditional IVF treatment including ovarian stimulation and oocyte pick-up was performed using the standard methods at the clinic. Sperm cells were selected according to standard laboratory procedures using media with or without antioxidants. Embryos were cultured in Gx-TL or control media (G-TL) from day 1 to day 5 or day 6 in time-lapse systems manufactured by Vitrolife. Single embryo transfers were performed, and clinical pregnancy was determined by monitoring foetal heartbeat after 42 days of gestation.
<i>Summary of results</i>	The overall clinical pregnancy rate in the control group and study group (includes Gx-TL) were 35% and 36%, respectively. The clinical pregnancy rate in female patients $\geq 35$ years old was 27% and 33% in the control (205 transfers) and antioxidant (203 transfers) groups, respectively. The study is ongoing and the results will be updated after the completion of the study.

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Limitations of the study, if any:	-
Device deficiency or replacements related to safety and/or performance, if any	-

**b. Randomized controlled non-inferiority sibling oocyte study comparing blastocyst development in media with and without antioxidants**

Identity of the study	Interim analysis of the study was performed in a single center in Japan and registered with UMIN Clinical Trials Registry (UMIN-CTR) (UMIN000034482)
Identity of the device	Gx-TL manufactured by Vitrolife
Intended use of the device in the study	Gx-TL was used for continuous culture of embryos to the blastocyst stage.
Objective of the study	Investigate the efficiency of culture system with antioxidants
Study design	Prospective, randomized controlled non-inferiority sibling oocyte study
Primary and secondary endpoint (s)	The primary endpoint of the study is <i>in vitro</i> embryo development. Secondary endpoints are fertilization rate, biochemical pregnancy rate, clinical pregnancy rate
Inclusion/exclusion criteria for subject selection	<p>Inclusion criteria:</p> <p>Patients undergoing ART treatment with more than 8 oocytes and patients aimed for blastocyst culture until day 5/6 followed by cryopreservation and transfer of a single embryo in a frozen embryo transfer (FET) cycle.</p> <p>Patients should have received verbal and written information and provided informed consent to participation</p> <p>Exclusion criteria:</p> <p>Previous participation in the study</p> <p>Patients with surgically retrieved sperm, requiring split IVF/ICSI or presenting with less than 8 oocytes or more than 33 oocytes at pick-up</p>
Number of enrolled subjects	A total of 143 patients were enrolled and oocytes from each patient were randomly allocated in a 1:1 ratio into either the media with antioxidants (study media group) or standard media without antioxidants (control group)
Study population	Study is conducted in patients undergoing ART treatment.
Summary of study methods	All the steps were performed using control (standard media) or the study media system (includes Gx-TL). Washed oocytes were inseminated by either standard IVF or ICSI. Following fertilization,

	embryos were cultured to the blastocyst stage in the time-lapse system using low oxygen. Embryo development and quality was assessed according to Alpha/ESHRE consensus criteria on day 3 and using Gardner Score for blastocysts on day 5 / 6. Blastocysts of acceptable morphological quality were cryopreserved by vitrification and a single blastocyst is warmed and cultured prior to FET. Clinical outcome parameters (positive beta-human chorionic gonadotropin rate, implantation rate by gestational sac and by fetal heartbeat and live birth) will be monitored when all patients have received at least one embryo transfer.
<i>Summary of results</i>	Results showed no significant differences between control and study media in terms of embryo development on day 3 (46 % versus 50 %), good quality blastocysts (30% versus 31%), blastocyst formation day 5+6 (44% versus 45%) and embryo utilization rate (34 % versus 36 %). However, numerically higher rates of fertilization, embryo development were observed, and more number of embryos were available for transfer to the patient in the study media group (media containing antioxidants). The study has been terminated and clinical outcome after embryo transfer will be summarized when all patients have received at least one embryo transfer.
<i>Limitations of the study, if any:</i>	-
<i>Device deficiency or replacements related to safety and/or performance, if any</i>	-

### 5.3 Summary of clinical data from other sources, if applicable

Literature search has identified a peer reviewed article including the use of Gx-TL for culture of embryos from fertilization to blastocyst stage (Ueno *et al.*, 2021). Ueno et al (2021) compared the outcomes between antioxidant supplemented media and standard media and the embryos were cultured in Gx-TL or control media in time-lapse and non-time lapse incubator. Results on embryo development, blastocyst quality showed no significant difference between the antioxidant group (Gx-TL) and the standard media group. However, results on clinical pregnancy rate and ongoing pregnancy rate showed significantly higher rates in the Gx-TL group that used non-time-lapse incubator. A meeting abstract published by Nakadate *et al.*, 2020 have reported the use of Gx-TL for in vitro oocyte maturation (IVM). The use of Gx-TL for IVM is not according to its Indication for Use and Vitrolife will continue monitoring of the device for any purpose outside the scope of its Indication for Use during its post-market phase.

Additionally, clinical experience data from 15 patients who underwent fertility treatment in a hospital in India showed embryo development after the use of Gx-TL.

In summary, the results observed after the use of Gx-TL by Ueno *et al.*, 2021 and clinical experience data aligns with data from clinical investigation.

### 5.4 An overall summary of the clinical performance and safety

Based on the Indication for Use, Gx-TL is intended to provide clinical benefit by supporting culture of embryos from fertilization to the blastocyst stage and allowing embryo transfer to the patient. For Gx-TL, data from clinical investigations and published article reporting embryo development, embryo quality after the use of the device confirm its safety and performance. The clinical pregnancy rates reported after the use of Gx-TL align with the yearly European results published by ESHRE (Wyns *et al.*, 2020). Additionally, clinical experience/feedback on the use of Gx-TL for embryo culture adds support to the device safety and performance.

Gx-TL is also intended for embryo transfer and the biological evaluation has confirmed its safe use in patients (internal data, Vitrolife). Given that the device act as a carrier of embryo during its transfer to the uterine cavity of the patient, the data showing safety of the device for embryos and data from biological evaluation confirms safe use of Gx-TL for embryo transfer.

In addition, there are results indicating that culture of embryos in Gx-TL protects against oxidative stress. Mouse embryo cultured in Gx-TL under stressed conditions showed significant increase in average blastocyst cell number. Studies comparing outcomes after the use of Gx-TL with that of the standard medium without antioxidants (G-TL) showed numerically higher rates of embryo development (day 3), utilization rate or clinical pregnancy in the groups that used Gx-TL (see section 5.2b). These studies together with data from Ueno *et al.*, 2021 indicate the potential benefit of antioxidant supplementation in Gx-TL. No undesirable side-effects have been identified from the use of the device. The risks associated with the use of the device are considered acceptable when weighed against the benefits.

## 5.5 Ongoing or planned post-market clinical follow-up

There are no unanswered questions regarding the intended purpose or the performance and safety of the device. No further risks have been recognized during the clinical evaluation and the benefit-risk profile is acceptable. However, Gx-TL being a new device, a PMCF activity will be conducted during its post-market phase and clinical feedback from real-world use of the device will be collected.

## 6. Possible diagnostic or therapeutic alternatives

ART is a treatment option for patients failing to conceive naturally as well as patients who have tried other treatments such as medications and surgical procedures without success. Hence, there are no therapeutic alternatives for patients at this stage.

Gx-TL is a medium intended for use in ART for culture of embryos from fertilization to the blastocyst stage and transfer. G-TL (Vitrolife) and Continuous Single Culture, SAGE 1-Step and Gems Geri medium are the similar devices for Gx-TL. All these media allow uninterrupted culture of embryos to the blastocyst stage (single-step culture strategy). Another strategy for culturing embryos is the sequential system. Both single-step and sequential culture systems are widely used in clinics and, at present, there is no consensus as to which approach is optimal. Given that numerous commercial products are available for culture of human preimplantation embryos *in vitro*, no specific culture system has been shown to be better than others in terms of embryo viability (ACE consensus meeting, Bolton *et al.*, 2014). It should be determined within individual laboratories as to which medium best suits the procedure.

## 7. Suggested profile and training for users

The end user (IVF professional) is expected to be trained and qualified within ART field to understand the Indication for Use of Gx-TL. Since no special design or safety concerns were identified for Gx-TL, there is no specific training required for the end-users.

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## 8. Reference to any harmonised standards and common specifications applied

Medical Devices Regulation (EU) 2017/745 (MDR)

MEDDEV 2.7.1 Rev.4

EN ISO 14971:2019 (risk management)

EN ISO 14155:2011 (clinical investigation; Good clinical practice, GCP)

EN ISO 15223-1:2016 (symbols to be used with medical device labelling)

EN 1041: 2008 (information supplied by the manufacturer of medical devices)

MEDDEV 2.7/4 (clinical investigation)

MEDDEV 2.12-2 Rev.2 (post-market clinical follow-up)

## 9. Revision history

SSCP revision number	Date issued	Change description	Revision validated by the Notified Body
			<input type="checkbox"/> Yes  Validation language:

## 10. References

Bolton, V. N., Cutting, R., Clarke, H., & Brison, D. R. (2014). ACE consensus meeting report: culture systems. *Human Fertility*, 17, 239-251.

Nakadate, M., Fujimura, Y., Kenmochi, C., Kabashima, Y., Aaraki, Y., Kubo, Y., Sato, Y. (2020). Evaluation of antioxidant supplements and autologous follicular fluid supplementation in the medium used for in vitro maturation of GV stage oocytes. *Japan Society of Fertilization and Implantation*.

Ueno, S., Ito, M., Shimazaki, K., Okimura, T., Uchiyama, K., Yabuuchi, A., & Kato, K. (2021). Comparison of Embryo and Clinical Outcomes in Different Types of Incubator Between Two Different Embryo Culture Systems. *Reproductive Sciences*.

Wyns, C., Bergh, C., Calhaz-Jorge, C., De Geyter, C., Kupka, M. S., Motrenko, T., Rugescu, I., Smeenk, J., Tandler-Schneider, A., Vidakovic, S., & Goossens, V. (2020). ART in Europe, 2016: results generated from European registries by ESHRE. *Hum Reprod Open*, 2020, hoaa032

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